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3RD EDITION

The new baby bible: an all-in-one, month-by-month guide that explains everything you need to know about that first amazing year with baby. Packed with reassuring answers, practical tips, and realistic advice on all things baby.

*With Special Sections on:*

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- ♦ Breastfeeding, from getting started to keeping it going
- ♦ Baby basics at a glance: monthly updates on baby's eating, sleeping, playing
- ♦ Buying for baby
- ♦ Nurturing your baby's development
- ♦ Plus, illustrated baby care, comprehensive sections on first aid, safety, keeping your baby healthy, caring for preemies, and much more

By Heidi Murkoff  
and Sharon Mazel

Foreword by Mark D. Widome, M.D., M.P.H.,  
Professor of Pediatrics, Penn State Hershey  
Children's Hospital, Hershey, Pennsylvania



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