"Alan played a huge role in my development on and off the court, and his guidance helped me get to where I am today. This book is a must read."

— KEVIN DURANT

RAISE YOUR GAME

FOREWORD BY JAY BILAS

HIGH-

PERFORMANCE

SECRETS FROM THE

BEST OF THE BEST

ALAN STEIN JR.

WITH JON STERNFELD

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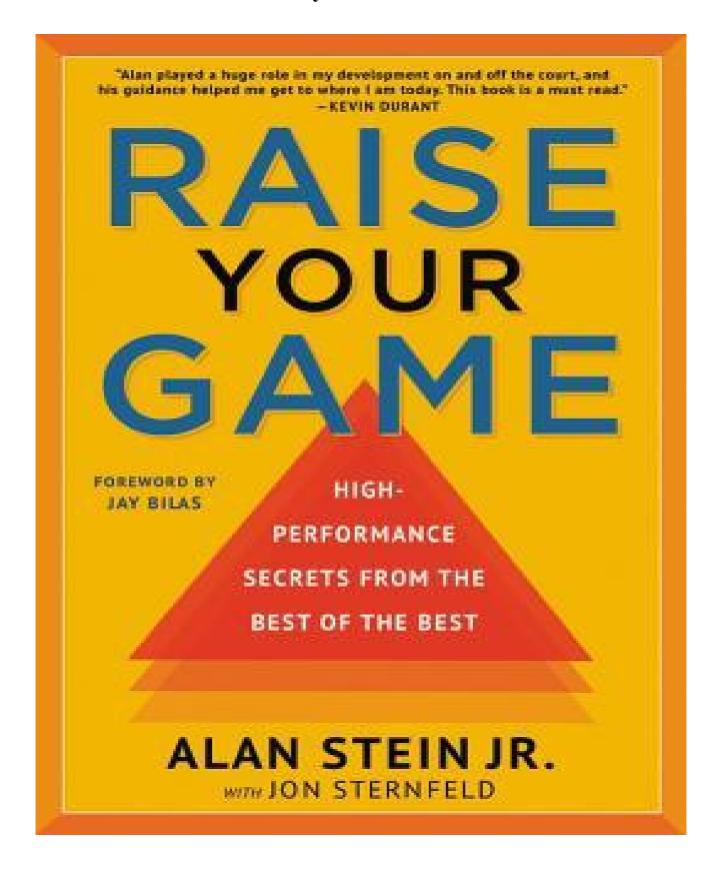
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Synopsis book

Performance coach Alan Stein Jr. shares the secret principles used by world-class performers that will help you improve your productivity and achieve higher levels of success. High achievers are at the top of their game because of the discipline they have during the unseen hours. They have made a commitment to establish, tweak, and repeat positive habits in everything they do. Raise Your Game examines the top leaders in sports and business and proves that success is a result of the little things we do all the time. The basic principles provided in Raise Your Game are simple, but not easy. We live in an instantly downloadable world that encourages us to skip steps. We are taught to chase what's hot, flashy and sexy and ignore what's basic. But the basics work. They always have and they always will. Raise Your Game will inspire and empower you to commit to the fundamentals, create a winning mindset, and progress into new levels of success.

Raise Your Game: High-Performance Secrets from the Best of the Best by Alan Stein Jr.



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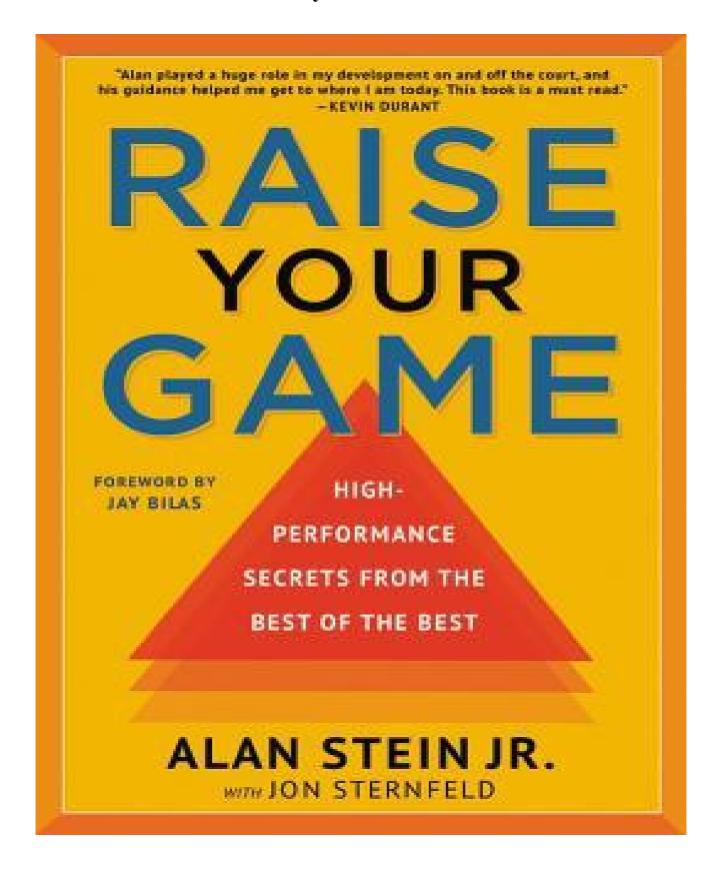
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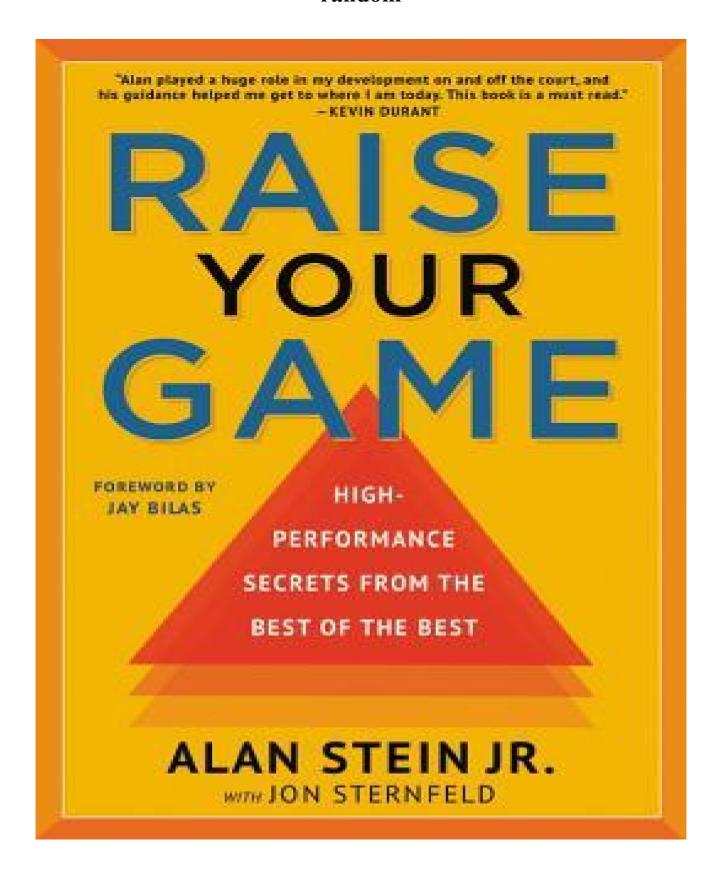
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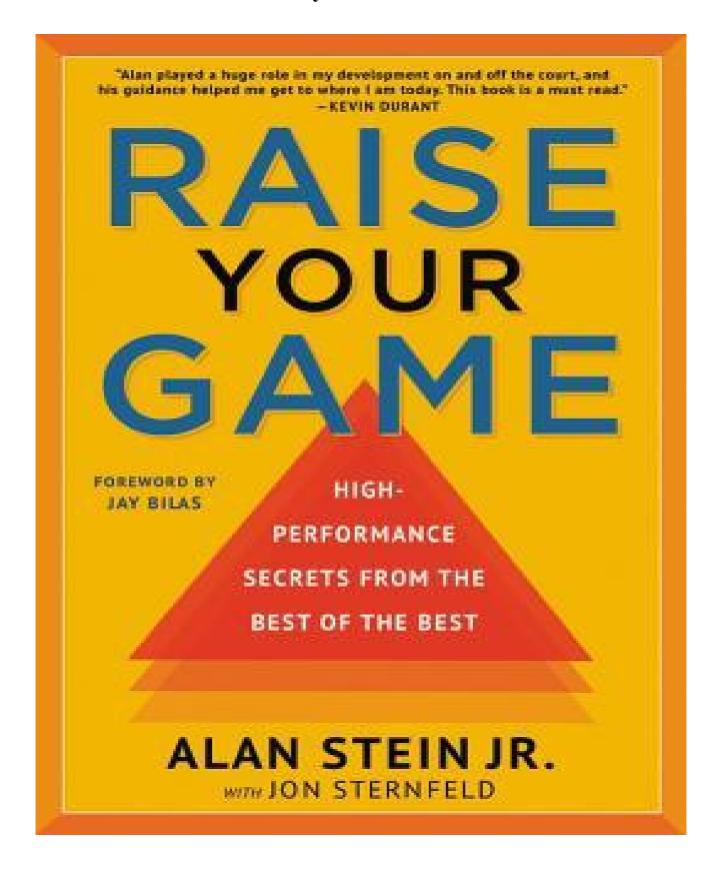
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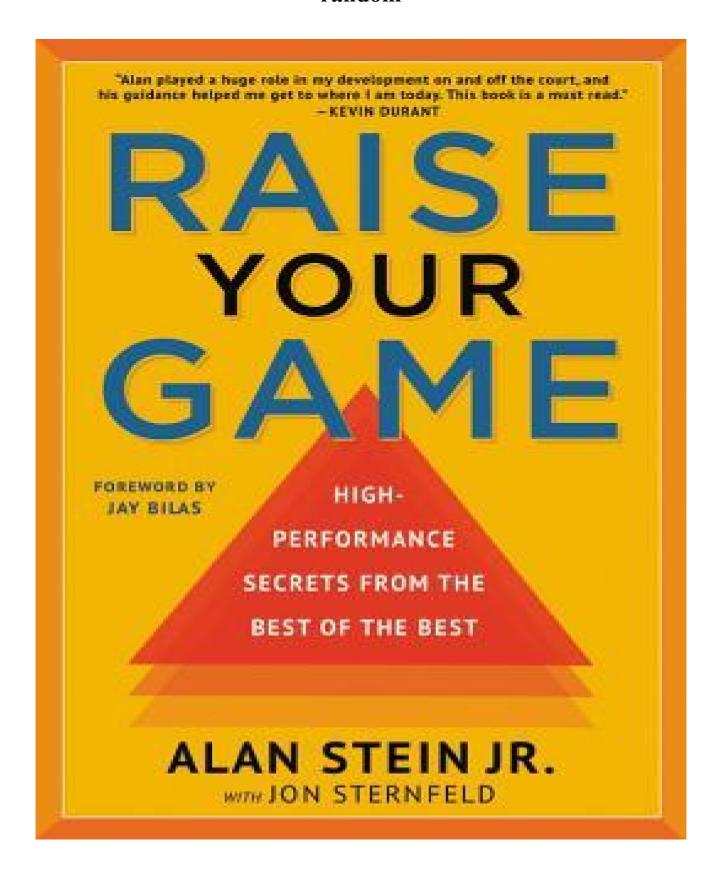
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