



JESSICA MARQUEZ

# MAKE + MEND

*Sashiko-inspired embroidery projects to  
customize and repair textiles and  
decorate your home*

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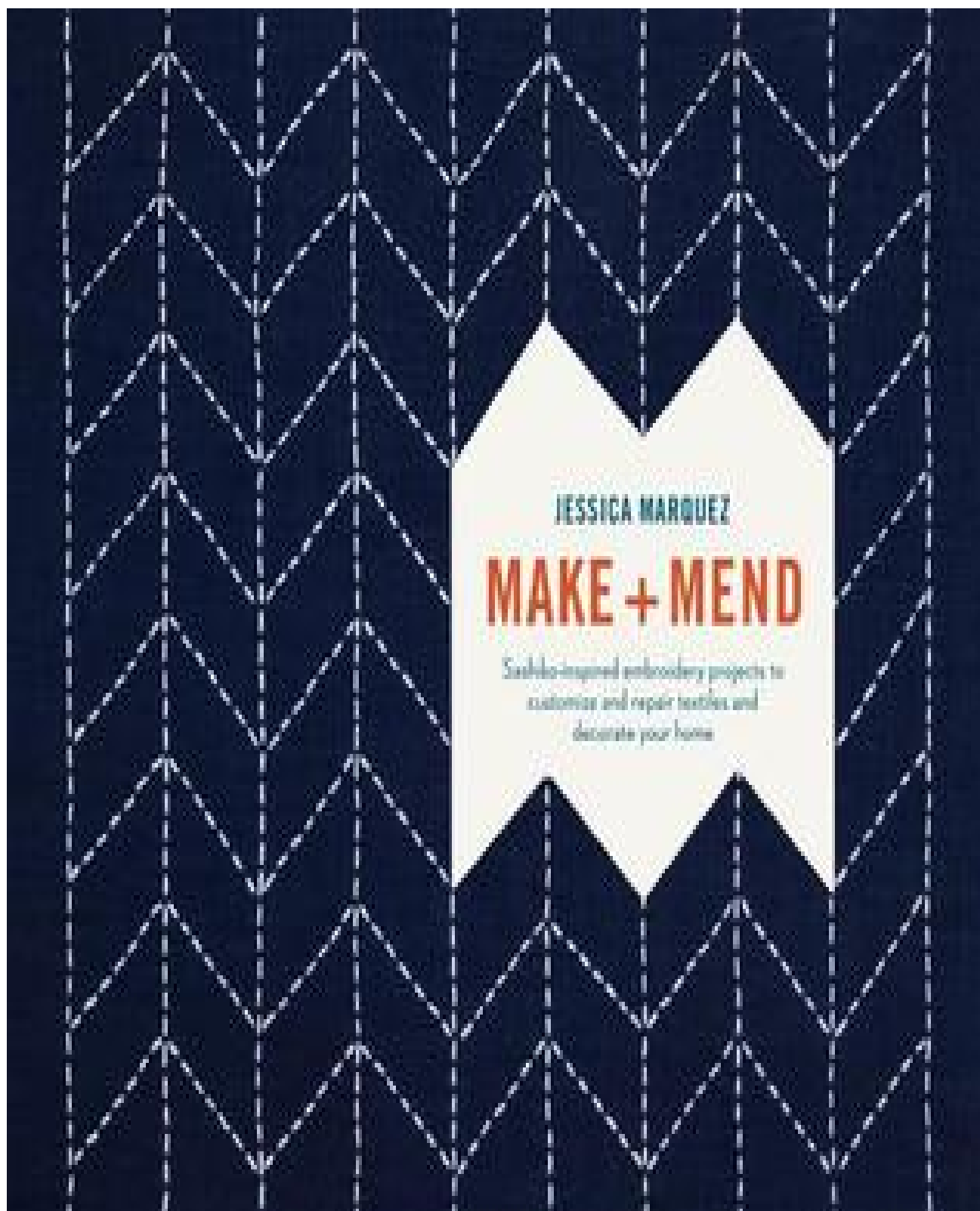
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# Synopsis book

An exquisite, full-color guide to sashiko, a simple Japanese stitching technique that uses stunning patterns to decorate or repair clothing, accessories, and home textiles.

Requiring no special equipment other than a sewing needle and thread, *Make and Mend* introduces the incredibly simple technique of sashiko--a striking hand-sewing method using a running stitch to form pleasing geometric patterns. Sashiko is traditionally used to mend and repair clothing and textiles, but it can just as easily be used to create beautiful, decorative projects for the home. With fifteen projects applying a modern, on-trend aesthetic to this ancient craft, *Make and Mend* shows readers how to apply sashiko stitching to a variety of craft projects, such as repairing torn jeans, mending a ripped hem, and making decorative pillows, napkins, a tablecloth, and a totebag. Touching on the concepts of beauty in minimalism and resourceful simplicity, as well as a fascination with Japan and Japanese design,

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JESSICA MARQUEZ

# MAKE + MEND

Sashiko-inspired embroidery projects to  
customize and repair textiles and  
decorate your home

An exquisite, full-color guide to sashiko, a simple Japanese stitching technique that uses stunning patterns to decorate or repair clothing, accessories, and home textiles. Requiring no special equipment other than a sewing needle and thread, Make and Mend introduces the incredibly simple technique of sashiko--a striking hand-sewing method using a running stitch to form pleasing geometric patterns. Sashiko is traditionally used to mend and repair clothing and textiles, but it can just as easily be used to create beautiful, decorative projects for the home. With fifteen projects applying a modern, on-trend aesthetic to this ancient craft, Make and Mend shows readers how to apply sashiko stitching to a variety of craft projects, such as repairing torn jeans, mending a ripped hem, and making decorative pillows, napkins, a tablecloth, and a totebag. Touching on the concepts of beauty in minimalism and resourceful simplicity, as well as a fascination with Japan and Japanese design,

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## **Description**

An exquisite, full-color guide to sashiko, a simple Japanese stitching technique that uses stunning patterns to decorate or repair clothing, accessories, and home textiles. Requiring no special equipment other than a sewing needle and thread, Make and Mend introduces the incredibly simple technique of sashiko--a striking hand-sewing method using a running stitch to form pleasing geometric patterns. Sashiko is traditionally used to mend and repair clothing and textiles, but it can just as easily be used to create beautiful, decorative projects for the home. With fifteen projects applying a modern, on-trend aesthetic to this ancient craft, Make and Mend shows readers how to apply sashiko stitching to a variety of craft projects, such as repairing torn jeans, mending a ripped hem, and making decorative pillows, napkins, a tablecloth, and a totebag. Touching on the concepts of beauty in minimalism and resourceful simplicity, as well as a fascination with Japan and Japanese design,



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