



100 DAYS *to brave*

Devotions for Unlocking Your
Most Courageous Self



ANNIE F. DOWNS

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Brave: Devotions for
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Annie F. Downs**

Book details

Author : Annie F. Downs Pages : 240 pages Publisher :
Zondervan Language : ISBN-10 : 031008962X ISBN-13 :
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Synopsis book

You were always meant to be brave. Whether you're making a major decision, dealing with a difficult transition, or facing a fear, 100 Days to Brave will give you courage and confidence to move forward. With honesty and relatable humor, Annie F. Downs inspires you to embrace the path and plan God has for you and encourages you to experience personal growth. 100 Days to Brave is your guide to help you stop allowing fear to hold you back. Over 350,000 copies sold! Dare to spend the next 100 days discovering:

- How to be the best version of you
- How to extinguish fear so it doesn't hold you back
- Your unique gifts and how to establish daily habits to keep you mentally strong

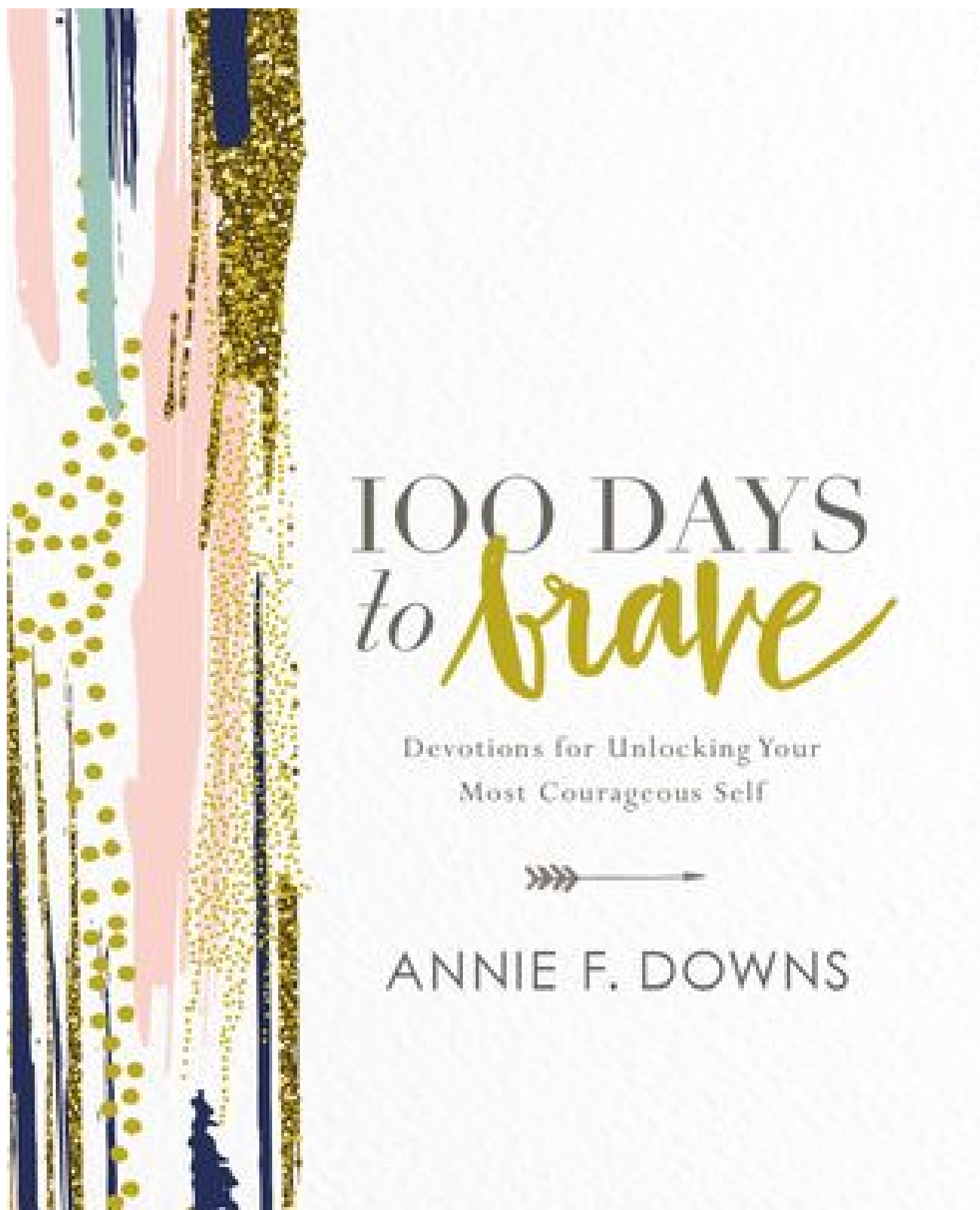
100 Days to Brave is for:

- Women of all ages
- Personal growth, difficult transitions, combating anxiety and fear
- Individuals wanting to ignite hope into their life

Small group discussions, youth groups, birthday gifts, Mother's Day, National Best Friend Day, and holiday giving

As a society, we are going through a lot! With anxiety

100 Days to Brave: Devotions for Unlocking Your Most Courageous Self by Annie F. Downs



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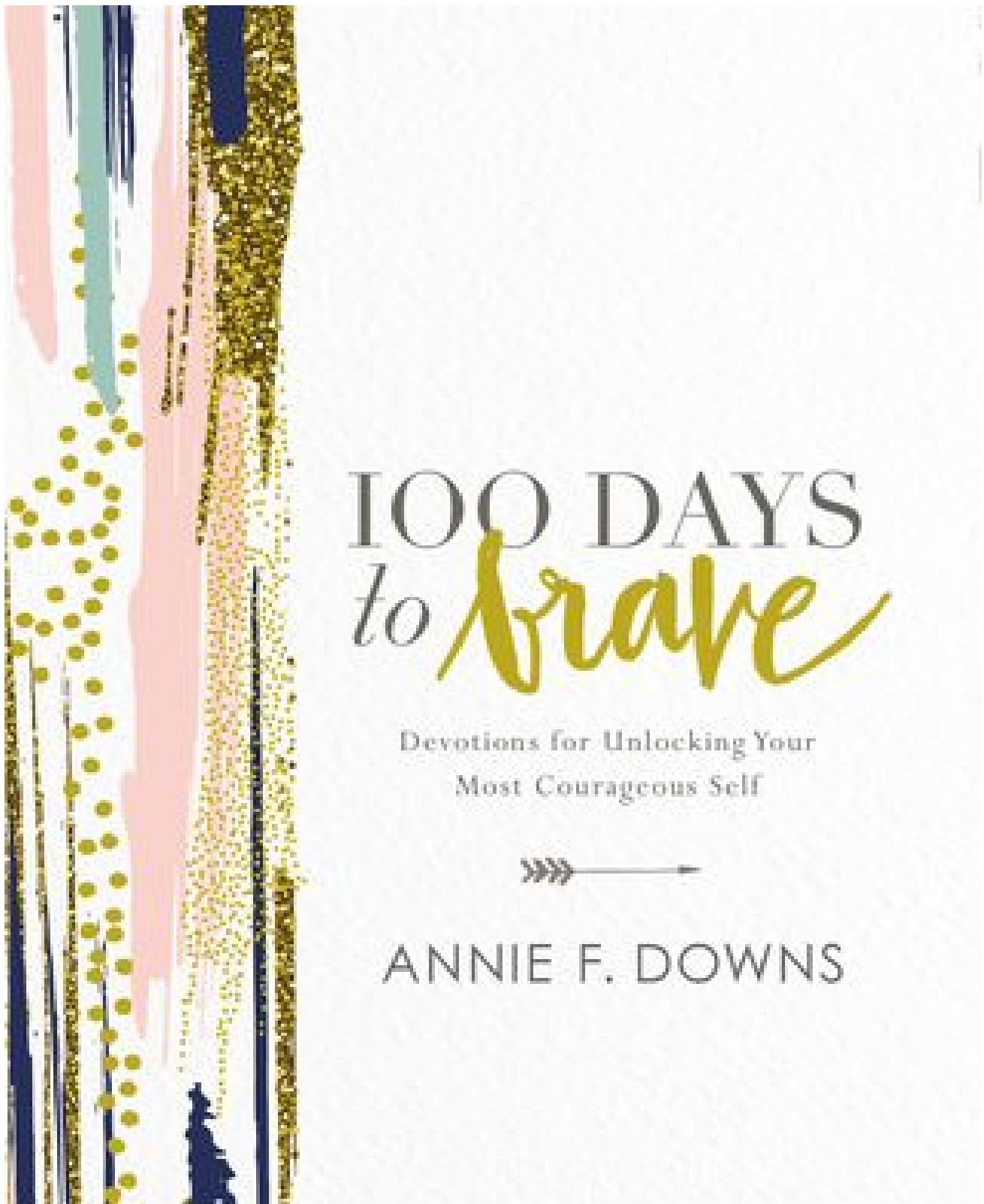
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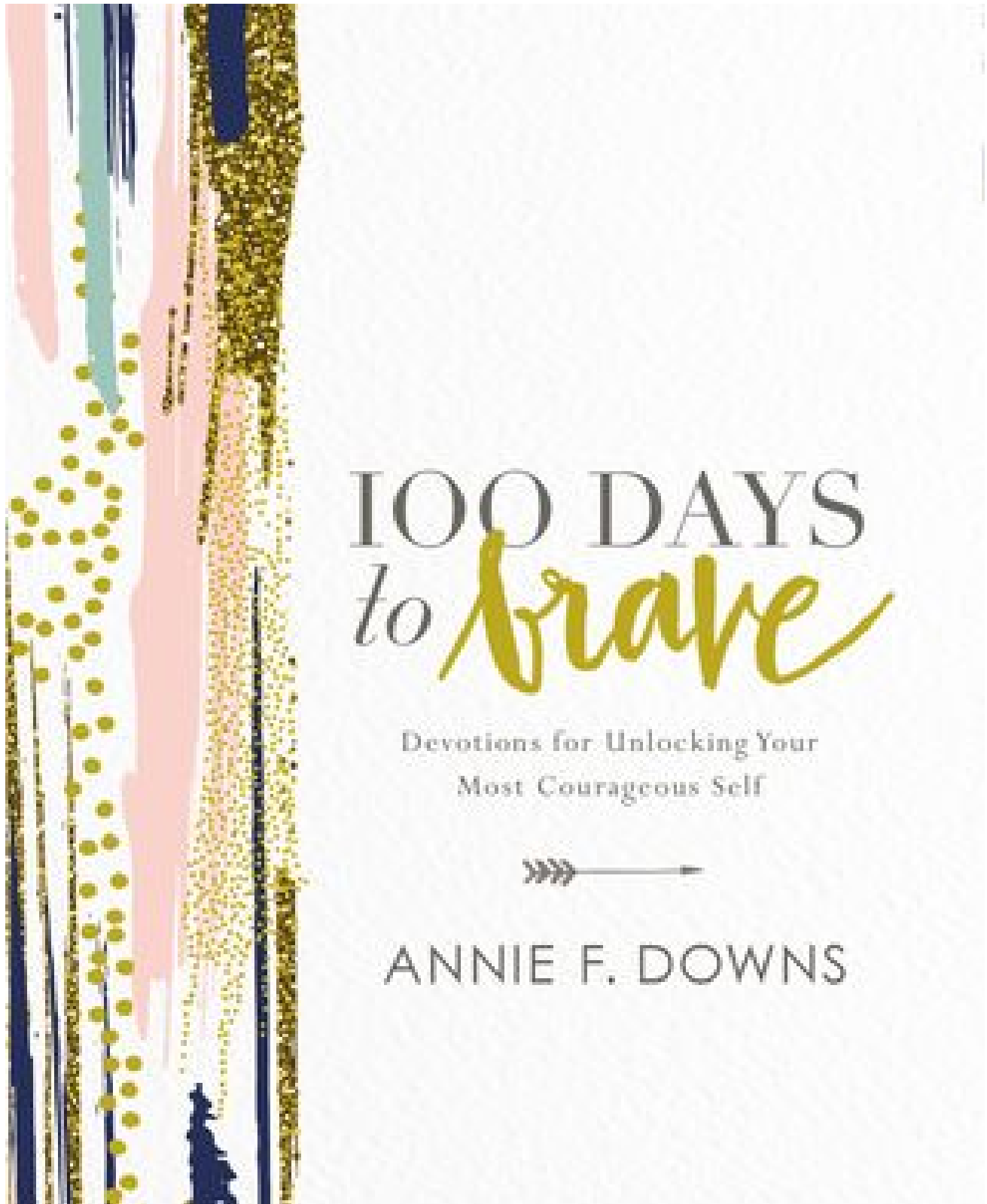
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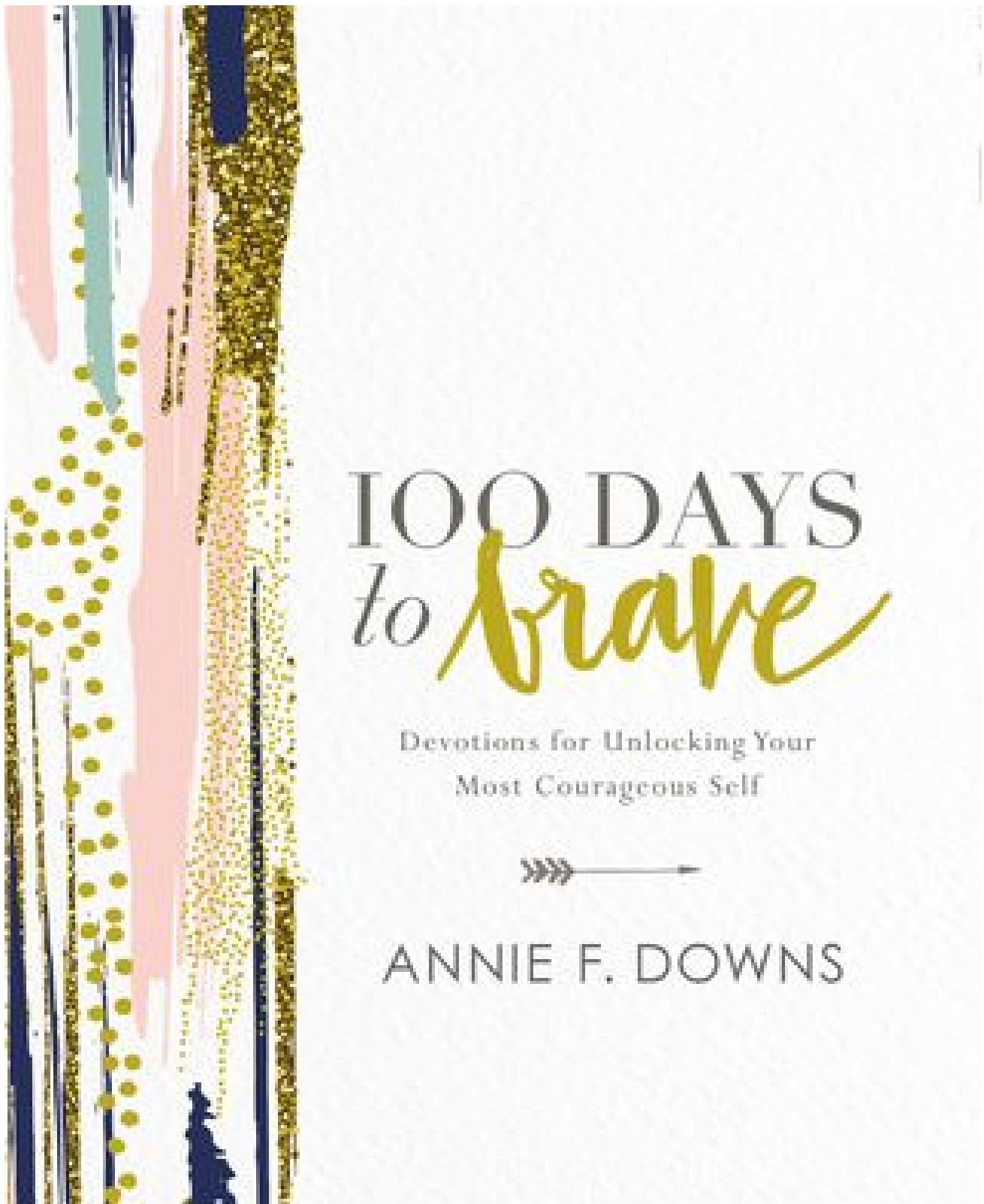
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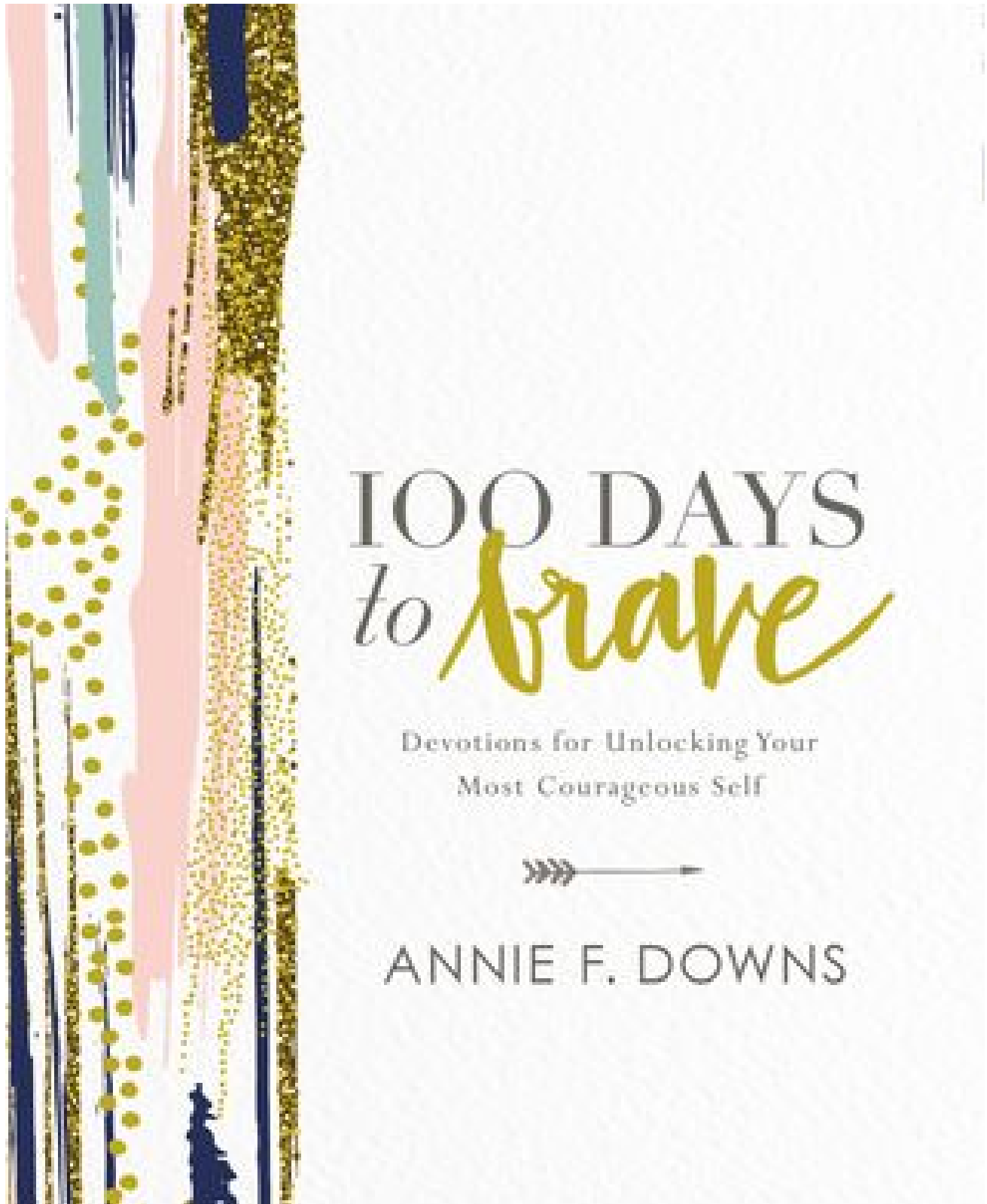
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